

WELL CHILD 4 YEARS

Today's Date: _____

Patient Name: _____ Date of Birth: _____



FAMILY HISTORY:

Changes in household since last visit Yes/No Explain _____
 Child Lives with: Mother Father Grandparent Stepparent Other _____
 Primary Caregiver: Mother Father Grandparent Daycare Other _____

NUTRITION:

- Does your child have any recurrent problems with development, special diet, weight gain/loss, refusal of any food groups, stomach problems or anemia? Yes/No (circle any that apply, explain below)
 List: _____
- Usual number of servings per day:
 Dairy Fruits Vegetables
 Bread, cereal, rice and pasta
 Meat, poultry, fish, eggs and dry beans

CHILD HEALTH: Indicate Yes/No or Check any that apply.

- Does your child have any food or drug allergies? Yes/No List _____
- Has your child had any major illness, surgeries, injuries or hospitalizations? Yes/No
 List: _____
- Does your child have any physical problems? Yes/No Low Weight Gain Weight Loss Vomits
 Problems Eating Listlessness Sleeping Problems Other _____
- Does your child take any medications regularly? Yes/No _____
- Has your child seen a dentist or scheduled for a dental appointment? Yes/No

IMMUNIZATIONS: Check Yes or No

Yes NO Should the **RECOMMENDED OR MISSED** vaccines be administered to your child today?

SENSORY:

Vision Screen: **Indicate Yes or No**

- Does your child seem to see well? Yes/No
- Do your child's eyes appear to cross, drift or seem lazy? Yes/No Explain _____
- Do your child's eyes appear unusual? Yes/No Explain _____

Hearing Screen:

- Does your child seem to hear well? Yes/No
- Does your child seem to follow verbal instructions well? Yes/No

DEVELOPMENT: Indicate Yes or No

- Puts on T-shirt Yes/No
- Wiggles thumb Yes/No
- Expresses needs, ideas in 3-6 word sentence Yes/No
- Balances on 1 foot for 2 seconds Yes/No

MENTAL HEALTH: Check any that apply.

Feelings: Appropriate for age Out of control Angry Sad Fearful Sullen Anxious
Social Interaction: Appropriate for age Withdrawn Clings excessively Communicates non-verbally
Thinking: Appropriate for age Problems Concentrating Distracted Mistrustful Easily frustrated
 Known history of neglect, physical, sexual or emotional abuse, prenatal substance abuse: Yes/No
 Explain: _____

REVIEW OF SYSTEMS: Check any that apply. Check here if no problems are noted.

Skin: rashes infections
 Eyes: Eye Discharge Deviation Poor vision Excessive blinking
 Ears: Hearing problems Ear problems
 Nose/Mouth/Throat: Nasal Congestion Nasal Discharge Sore throat
 Cardio: History of murmur
 Respiratory: Trouble Breathing Wheezing
 Gastrointestinal: Frequent Bowel Movements Vomiting
 Genitourinary: Abnormal Appearance Discharge Burning with urination
 Neuromuscular: Seizures uncoordinated movements gait
 Musculoskeletal: Fractures Deformity

Form Complete: _____ (staff initials)

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Patient Name: _____ Date of Birth: _____

Weight: _____ Height: _____ Pulse _____ Resp _____ Temp: _____ B/P _____

Audioscope Screening: Testing by _____ 20 db _____ 25 db _____ 40 db

	500	1000	2000	4000
Right Ear				
Left Ear				

FOR OFFICE USE ONLY

PHYSICAL EXAM:	Normal	Abnormal	Comments
Appearance	_____	_____	_____
Head/fontanel	_____	_____	_____
Skin/nodes	_____	_____	_____
Eyes	_____	_____	VA: OD _____ OS _____ Correction _____ No correction _____
Symmetric Corneal light reflex	_____	_____	_____
Conjugate gaze bilaterally	_____	_____	_____
Red Reflex present bilaterally	_____	_____	_____
Ears	_____	_____	_____
Nose	_____	_____	_____
Mouth/Throat	_____	_____	_____
Teeth	_____	_____	_____
Neck	_____	_____	_____
Chest/breasts	_____	_____	_____
Heart/Pulses	_____	_____	_____
Lungs	_____	_____	_____
Abdomen	_____	_____	_____
Genitalia/anus	_____	_____	_____
Spine/Hips	_____	_____	_____
Extremities	_____	_____	_____
Muscle Tone	_____	_____	_____
DTRs	_____	_____	_____

ASSESSMENT: 1. Well Child 4 Years Old _____ 2. _____
 3. _____ 4. _____

PLAN:

Immunizations: **Required:** ___ KINRIX # 1 (DTaP # 5 + IPV # 4) ___ MMR # 2 ___ Varicella # 2 ___ PPD

Catch up vaccinations: ___ Hep A # 1 ___ Pevnar # 4 **High Risk:** ___ Influenza

___ Parent declines (List) _____

Lab: **Medicaid Catch up between 2 & 5 yrs:** ___ Lead ___ Hct/Hgb Other Labs: _____
 ___ Hep C (if 12 months old or older and born to HCV infected woman) _____

EPSDT Questionnaire/Screen: ___ Lead questionnaire given ___ TB questionnaire given PEDS: Pass Fail

Referral made to : _____

Dental: Parent advised to make Preventive Dental Appointment: _____

Health Education Handout Given to Parent/Guardian _____

RTC in: _____ months/prn _____ yr/prn